

# CLASS STYLES, LEVELS, AND PLACEMENT



## WHAT CLASSES DOES CAD OFFER?

<b>Creative Movement</b>	<b>Lyrical/Contemporary</b>	<b>Body Awareness</b> <small>Strength/ Conditioning/ Flexibility</small>	<b>Adult Barre</b> <small>Fitness, Strength, Flexibility</small>
<b>Ballet</b> <small>Technique ONLY Classes as well as performance classes.</small>	<b>Musical Theatre</b>	<b>Aerial Silks</b> <small>Fabric suspended from ceiling.</small>	<b>Leaps &amp; Turns</b> <small>Specialty Skill Building</small>
<b>Pointe</b>	<b>Acrobatics</b> <small>CERTIFIED ACROBATIC ARTS</small>	<b>Aerial Lyra</b> <small>Hoop suspended from ceiling.</small>	<b>Private Lessons</b> <small>Additional rates apply.</small>
<b>Tap</b>	<b>Hip Hop</b> <small>Boys ONLY Classes TOO!</small>	<b>Adult Tap</b>	<b>Semi Private Lessons</b>
<b>Jazz</b>	<b>Breakdancing</b>	<b>Adult Hip Hop</b>	<b>Competitive Team</b> 

**CAD is an education center first and foremost.** Our top priority is quality training in proper technique. We encourage ballet training to all dancers as it is the building block of most technical dance styles. We offer a full level system in Ballet, produce a full length production of The Nutcracker annually, and host Moscow Ballet for The Great Russian Nutcracker. ALL classes offered are based in TECHNIQUE of the specific style. Classes that include choreography for performances are noted on the class schedule.

**NOTE: Any dancer placed in Level III through Level V Ballet is REQUIRED to enroll in both Ballet Technique and the performance class offered in order to participate in CAD produced performances.**

## HOW DO I KNOW WHAT STYLE MY DANCER WILL LIKE?

- We offer “no commitment” trial classes. A dancer may attend one free class in multiple different styles to find the class they enjoy. No fees up front, and no obligation to enroll.
- HOWEVER – OUR CLASSES FILL QUICKLY! We cannot guarantee a spot will be available in any specific class upon the completion of trial classes.
- Trial classes must be scheduled in advance through the front desk or via email to [carrolltonad@gmail.com](mailto:carrolltonad@gmail.com)

In order to properly educate and ensure the safe and most beneficial progress of all students, age will be used as a guideline only for class placement.

Our first priority is your dancer! We take the following into consideration when determining the proper placement of students:

- Years of experience
- Quality of prior training
- Ability level
- Maturity level
- Ability to accept challenges, instruction, and correction without becoming discouraged
- Physical capability of executing class material without causing short term and/or long term damage to the body

#### HOW DO I KNOW MY DANCER'S LEVEL PLACEMENT?

- Dancers that completed Ballet classes the previous term will be notified of their level placement via the parent portal. See "Suggested Classes".
- Schedule an individual evaluation. Fees may apply.
- Talk to us! In most cases we will have dancers attend a specific level based on the information provided by the dancer/parent as a trial class, free of charge. If that specific level is not the correct fit, we will simply schedule additional trial classes in other levels until the dancer is where they will benefit most.

STILL NOT SURE WHAT TO REGISTER FOR? LET US KNOW!  
WE ARE HAPPY TO ASSIST IN ANY WAY POSSIBLE!